

LUNCH

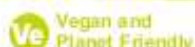
Week 1



W/C 01/09, 22/09, 13/10, 03/11, 24/11, 15/12, 05/01, 26/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza 	Southern Baked Chicken & Wedges	Roast Chicken with Roast Potatoes	Tandoori Chicken Flatbread	Fish Fingers with Chips
MAIN 2	Crispy Topped Cauliflower & Broccoli Bake 	 Chilli Bean Tortilla Stack, Wedges 	Hearty Quorn Roast, Roast Potatoes 	Curry Club Rainbow Jalfrezi, Garlic Bread 	Crispy Quorn Nuggets & Chips 
VEG	Half Jacket & Green Beans	Fresh Broccoli	Carrots & Cabbage	Sweetcorn	Carrots & Peas or Baked Beans
3 RD OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Freshly Baked Chocolate Cookie 	Plum Sponge Pudding & Custard 	Pear Upside-Down Pudding 	Fruity Jelly Pot 	Lime & Coconut Cake 
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) () , flavoured yoghurts () as well as freshly baked bread () & seasonal salad bar () . Third option includes vegan and vegetarian items.					

MENU KEY



LUNCH

Week 2



W/C 08/09, 29/09, 20/10, 10/11, 01/12, 12/01, 02/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Creamy Mac'n'Cheese V	Chicken Burger & Wedges	Roast Chicken with Roast Potatoes	Sausage Penne Pasta Bake	Battered Fish & Chips
MAIN 2	Chickpea & Spinach Curry V	Southern Baked Halloumi Burger & Wedges V	Teriyaki Noodles V	Hearty Sausage Pasta Bake Ve	Onion Bhaji Wrap & Slaw with Chips Ve
VEG	Garlic Bread & Peas	Sweetcorn	Fresh Roast Carrots & Swede	New Potatoes & Broccoli	Carrots & Peas or Baked Beans
3 RD OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Chocolate Cornflake Cake Ve	NEW Fruity Bread & Butter Pudding V	Ginger Cake Ve	NEW Autumn Fruit Crumble & Custard V	Apple & Berry Traybake V
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (Ve), flavoured yoghurts (V) as well as freshly baked bread (V) & seasonal salad bar (Ve). Third option includes vegan and vegetarian items.					

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish




















LUNCH

Week 3

W/C 15/09, 06/10, 27/10, 17/11, 08/12, 19/01, 09/02



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab 	BBQ Chicken & Rice	Roast Chicken & Roast Potatoes	Traditional Lasagne	Fish Fingers & Chips
MAIN 2	Creamy Leek & Cheese Pie 	Authentic Chickpea & Spinach Curry, Rice 	Flaky Puff Pastry Wellington & Roast Potatoes 	Hearty Spaghetti & Meatballs 	Jerk Hot Dog & Chips 
VEG	Wedges & Sweetcorn	Roasted Cauliflower	Savoy Cabbage & Roasted Squash	Focaccia & Green Beans	Carrots & Peas or Baked Beans
3 RD OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Apple & Cinnamon Flapjack 	 Chocolate Mousse 	 Pear & Ginger Cake 	 Autumn Fruit Pie & Custard 	Freshly Baked Vanilla Cookie 

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) () , flavoured yoghurts () as well as freshly baked bread () & seasonal salad bar () . Third option includes vegan and vegetarian items.

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish

